



Capability Statement Consulting · Management Training · HR Support

Legal Company Name:
Zebra Commercial Solutions Inc.
Established 2019

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UEID: Z126VY7W8LF9
CAGE: 0DDQ7
DUNS: 120174815

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Contact Information:
Vanessa Zamy (President)
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Sheridan, WY 82801
Office: 307-395-0423
Vanessa@LiberationX.co (not com)

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Federal Certifications:
EDWOSB/WOSB

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Other Certifications:
NMSDC MBE
MWBE in Washington State
MWBE in New York State

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NAICS Codes:
541611 General Management Consulting · 611430 Management Development Training · 611710 Educational Support Services · 541612 HR Consulting

*Trusted Nationwide Talent Management Firm
Customizing Localized Leadership Trainings & Coaching
for effective Team Alignment and Strategic Planning*

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Zebra Commercial Solutions Inc. (dba LiberationX Contracts)
promotes work-life harmony in demanding environments.

Core Capabilities:

We specialize in designing and delivering premium services for public and private sector organizations in the following areas:

- **Strategic Planning Facilitation.** Multi-day leadership gatherings for strategic planning and alignment.
- **Tailored Leadership Development and Training Programs.** Customized, level-specific development programs and trainings.
- **Organizational Development.** Strategic plan and Change management for improved performance, culture, and engagement.
- **Leadership Coaching.** Certified coaches for improved executive and managerial performance.

Key Differentiators:

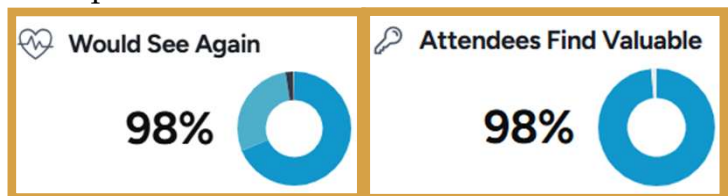
- **Customized Solutions.** We work side-by-side with you to develop a customized package and training content that aligns to your overall goals and needs.
- **Repeat Clientele.** Due to high quality work, over 90% of our revenue has been from repeat business.
- **National coverage, local expertise.** We have a national network of local trainers and coaches offering both virtual and on-site trainings nationwide.
- **Cybersecurity Policy.** Cybersecurity insurance and proactive data protection measures in place.

WOSB CERTIFIED

EDWOSB CERTIFIED

Past Performance & Company Experience includes:

- **Nationwide:** Facilitated team and staff alignment for small businesses, private companies, and NGOs.
- **Federal Agency, Washington D.C.:** Facilitated on-site strategic planning and organizational development leadership retreat.
- **State Agency, Wyoming:** Tailored virtual wellbeing workshop for distributed transportation workforce.
- **State University, Pennsylvania:** Led in-person communication and presentation skills workshop for students and staff.



PennState



***We accept contracts starting at USD\$4,500 up to \$850,000**

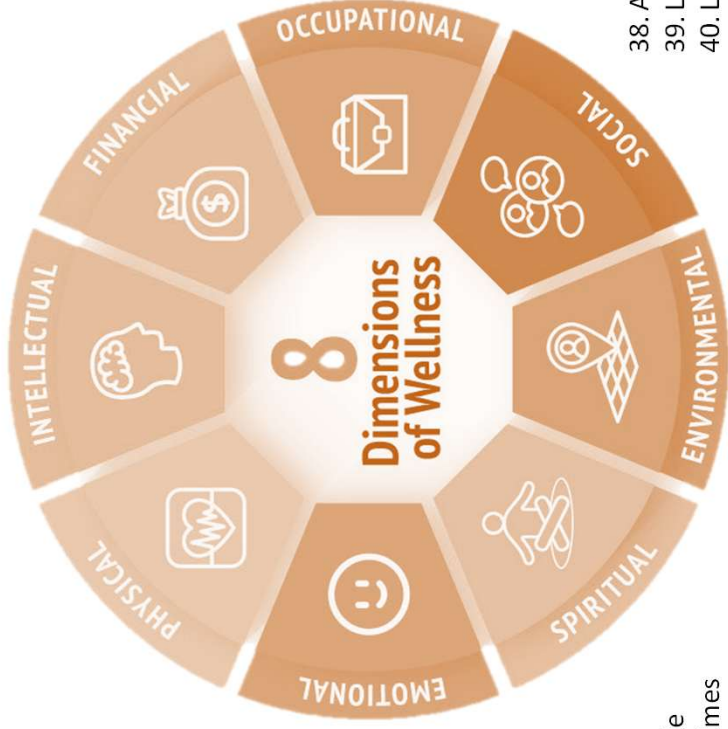
Wellbeing Content Catalog

serving the 8 Dimensions of Wellness



Sessions times vary from 20 minutes to four hours. We **tailor our workshops** to the needs of your organization. We can deliver onsite (minimum 90 minutes) or online using your preferred software.

1. Optimizing Your Sleep Performance
2. Living with an Invisible Disability
3. Thriving with Neurodiversity
4. Reimagining Self Care
5. Work from Home Survival Guide
6. Workplace Wellbeing Beyond the EAP
7. Reducing Stress and Improving Performance through Mental Fitness
8. Overcoming Anxiety to Enjoy Life
9. Defibrillate Your Life to Reinvent Your Career
10. Burnout to Balance with Aromatherapy
11. Mental Well-being 101
12. Strategies for Stress
13. Introduction to Mindfulness
14. Building Better Boundaries
15. Career and Life Planning
16. The Science of Motivation
17. Getting Back Up Through Gratitude
18. Stillness and Peace in Turbulent Times
19. Finding Meaning and Purpose in Your Life
20. Creating your Happy Place
21. Own Your Power, Own Your Time
22. Emotional Resilience in Leadership



23. Resilient Leadership From, Within, Through Any Storm
24. Unleashing ADHD Brilliance at Work
25. Leadership: A Hero's Journey
26. Pillars of Self-Leadership
27. Understanding Conflict with Courageous Conversations
28. Tools for Conflict through Role-Playing
29. Work from Home Survival Guide
30. Leading for Longevity: Hiring, Firing, and Maintaining Culture
31. Dismantling Quiet Quitting: Encourage Employee Engagement
32. Emotional Intelligence (EQ)
33. Spot and Stop Burnout on Your Team
34. Leveraging Personality and Workstyle Differences
35. Essential Skills for Leading Hybrid Teams
36. Fostering Inclusion for a Thriving Workforce
37. Delivering Impactful Performance Reviews
38. A Commanding Voice, A Commanding Presence
39. Leading a Multi-Generational Workforce
40. Leveraging Feedback for Professional Growth
41. Nurturing Meaningful Connections for Wellbeing
42. Relationship Cleanse: Managing Stress from Outside In
43. Management vs. Leadership
44. Collaborative Accountability